#### **SOVAH RESIDENCY**

## **WELLNESS**



# WELLNESS SERVICES & OPPORTUNITIES

#### **Resident Teams**

Teams offer friendly competition with fun incentives

Plan welcome events for interns in the local community



#### Meals and Gatherings

Physician meals offered daily

Healthy snacks and beverages available 24/7



### **Ongoing Volunteer Efforts**

Community based options

Geriatric facilities

